

ZAKIYRAH FICKLIN



HER
20
SOMETHINGS

A YOUNG WOMAN'S GUIDE TO NAVIGATING THROUGH HER PRIME

HER 20 SomeTHINGS

A Young Woman's Guide To
Navigating Through Her Prime

Zakiyrah Ficklin

Foreword by Octavia Samuels

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www.zakiyrahficklin.com



Dedication

I dedicate this book to all of my Queens in their 20-somethings. May God continue to bless you and guide you!

***Special Thank You to Carlas (CJ) Quinney
President, Eric Thomas and Associates LLC.***

CJ was the inspiration for this book...I can remember sitting at CJ's desk during one of my dad's sessions and talking to him about my book idea. CJ crushed my whole idea! He changed my perspective on things. He said that I needed to max out the level that I was at in life and reach out to young women in my age range. At that moment...

Her 20 SomeTHINGS was born.

Foreword

When I decided to become a mentor to a young girl, I didn't know that I would start a profitable business, author a book and build a youth focused non-profit. I never fathomed that the young girl would become my intern and we would conquer the world together. Over the years our relationship has blossomed into a friendship and sisterhood.

Zakiyrah Ficklin is my shero! She took the hand she was dealt, built fulfilling relationships, gives back to young girls as founder of H.E.R. Foundation and does it all with a fashionable flare! Zakiyrah is the epitome of feminism and a hero that believes in her God given destiny.

The journey of life is interesting, in that while you think you're teaching, you really are learning. I've learned the greatest life lessons from Zakiyrah. She always listens, works hard, chooses the smart option and considers the feelings of others.

I am great because I met a young girl named Zakiyrah, she said yes to greatness and believed in purpose. As you read Her 20 SomeTHINGS you have a divine opportunity to choose your own greatness and live your purpose on purpose.

Zakiyrah authored a book that allows you to transition from pain to purpose! You will find that through your obstacles, you've been equipped with every essential gift needed to continue toward your destiny. As I learned from Zakiyrah, I encourage you to listen to the words of wisdom in HER 20 SomeTHINGS and let them guide you to your next level.

You only need to believe and say, "YES", to greatness. In the stories of others we can recognize ourselves and choose to be amazing! I celebrate you for choosing to read HER 20 SomeTHINGS. I know that in you we all win and together we get to conquer the world.

-Minister OctaviaSamuels



**There Is An Expiration Date on
Blaming The Past.**

To be completely honest, people are tired of your complaining, whining, anger, and victim mentality. People are also tired of you blaming your current behavior or circumstances on your past. The only thing standing in between you and true joy is YOU!

At some point, we have to take responsibility for where we are in life now. I'm not saying you should forget about your past, but I am suggesting that you do not live there. No matter how much you think the guy who hurt you, your ex-best friend, parents, siblings, or certain circumstances deserves your anger and cruel treatment, it serves no positive purpose. It will end up hurting you more than them.

"I truly learned that the only thing you can change about your past is how you let it affect you now."

~Zakiyrah~



What situation or person from your past are you blaming for your present circumstances and why you are where you are?

When you hold on to anger it just piles up. Forgiving people is better. Is there anyone that you need to forgive?

****Challenge****

I challenge you to dig deep in your rolodex and find someone that you need to forgive. Mentally, emotionally, and spiritually forgive them. You don't have to rekindle the relationship, but if it's necessary then DO IT!